





CHEMIN DE LA CHAPELLE



HDKDNG DN THE HEART OF THE GULF







This hiking trail takes walkers through the medieval streets of the village of Gassin to the Notre-Dame-de-la-Consolation and a former restored rural sheep barn.

Description

The Chemin de la Chapelle Notre-Dame-de-la-Consolation, chapel which hosts every August the festivities of the St. Lawrence, allows the discovery of the village of Gassin and its modern extension (Marianne d'Or prize and European architecture prize Philippe Rotthier) before plunging through vineyards and forests.



Parking lot

The walk begins at the parking lot near the tourist office and the viewpoint which offers an extraordinary sight on the Gulf of Saint-Tropez and the Massif des Maures. Another parking lot is located on the other side of the road and two parking lots are located in below the cemetery.

Trail marks

Follow signs "Chemin de la chapelle Notre-Dame-de-la-Consolation" and the blue marks.

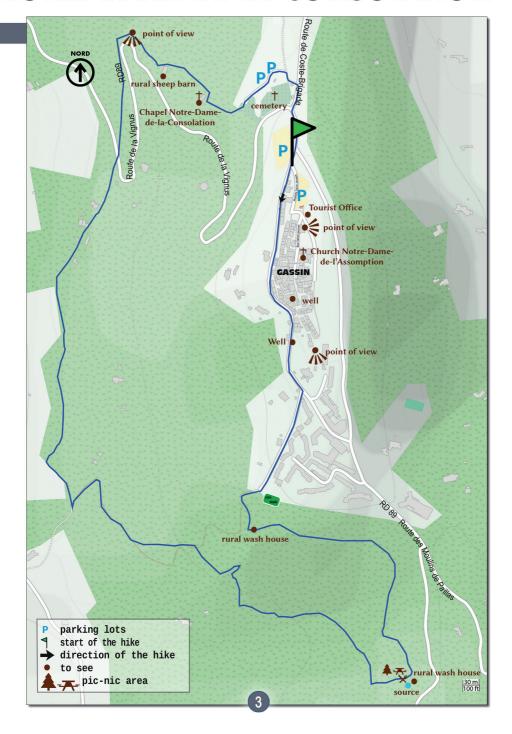
Departure of the walk

The hike begins at the parking lot near the tourist office. Since these car parks, join the Montée Venterraou. Continue on the Place Neuve then on Rue Saint-Jean-Baptiste. Then bifurcate on the Rue du Puits Saint-Jean-Baptiste to the mini-stadium.

The Chemin then follows the Boucles de l'Arlatane (Chemin des Sources and Chemin du Vallat). Then follow at the left the blue mark and sign "Chemin de la Chapelle Notre-Dame-de-la-Consolation").



NOTRE-DAME-DE-LA-CONSOLATION



LES BOUCLES



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The Boucles de l'Arlatane (Loops of Arlatane) allow you to discover the flora and fauna around the village of Gassin by admiring the Massif des Maures (plateau of Moors) in the north and the Mediterranean in the south.

Description

The Sentier des Bugadières, Sentier des Restanques, Sentiers des Sources and Chemin du Vallat form the Boucles de l'Arlatane. adorned with a series of botanical panels.

Parking and departure of the Boucles

The parking lot is at the beginning of the old village (see Chemin de la Chapelle) or parking lot of the school in the new village. The loops begins at the mini stadium at the end of the Chemin du Puits Saint-Jean (Road of St. John Wells).



Sentier des Sources (Path of the Sources)

Since the starting point, pass the rural wash house and, after leaving the Sentier des Bugadières on your left, turn left into the Sentier des Sources. Continue straight leaving on your right the Chemin des Restanques. You arrive then at the picnic area. You will discover nearly a rural wash house the source of Arlatane. The area has been converted into a picnic area with benches and tables. You can return on your steps or continue the loop by the Sentier and Chemin du Vallat (round trip: 0.8 mille, 16 minutes).

Sentier et Chemin du Vallat

Since the departure, continue to the first intersection and turn right leaving on your left the Chemin des Bugadières. Turn right again, leaving on your left the Sentier des Sources. Then leave on your right the Chemin de la chapelle Notre-Dame-de-la-Consolation and continue south-east on the Chemin du Vallat (Vallat means brook in Provencal dialect). Continue south by leaving on your left the Sentier des Restanques and turning east to the picnic area. Take back the path or return by the Sentier des Sources (round trip: 0.8 mille, 16 minutes).

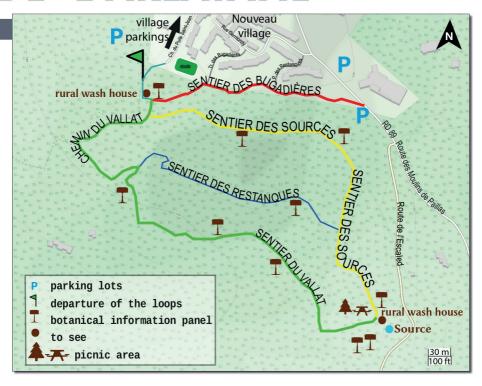
Sentier des Bugadières (Path of Washer Women)

After the rural wash house, at the beginning of the Boucles de l'Arlatane, turn left (east) toward the Traverse des Bugadières. On the way, two staircases allow you to go to the new village (prize Marianne d'Or and European Prize for architecture Philippe Rotthier); otherwise you can return at the departure to continue the loops. The name of the path comes from the Provencal dialect, honors Gassinoises which came in these places to wash the linen (round trip: 1804 feet, 7 minutes).

Sentier des Restangues (Paths of the stone terraces)

The Sentier des Restangues connects the Chemin du Vallat in the east and the Sentier des Sources in the west. The Restangues (Provençal and French word), the stone terraces, are the dry stone walls raised to allow the cultures in rough grounds. (Round trip: 2231 feet, 9 minutes).

DE L'ARLATANE





LES PANORAMAS DU GOLFE DE SAINT-



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From the village of Gassin, discover stunning sights of the Gulf of Saint-Tropez, the Massif des Maures (plateau of Moors) and the Baie de Cavalaire.

Description

From the Tourist Office of Gassin, the Panoramas du golfe de Saint-Tropez et de la baie de Cavalaire ((Panomaras of the Gulf of Saint-Tropez and the Bay of Cavalaire) allows to discover the varied landscapes of the territory of Gassin: Vinevards (domaine de Chausse), forests (where are most Provencal plants such as holm oaks, white oaks, cork oaks, umbrella pines, thyme...), etc. The circuit allows walkers to discover the built heritage of Gassin: the Oratory of St. Joseph, the Notre-Dame-de-la-Consolation chapel, the rural sheep barn, and the village. The hike offers several extraordinary panoramas of the Gulf of Saint-Tropez (west) and the Bay of Cavalaire (south).

Parking lots

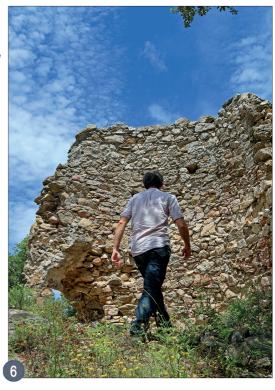
The hike begins at the parking lots near the tourist office and the viewpoint that offers the best views of the Gulf of Saint-Tropez. Another parking lot is located on the other side of the road and two parking lots are located in below the cemetery.

Trail marks

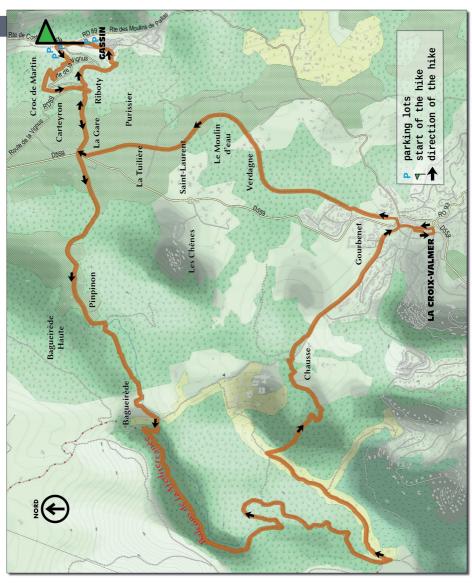
Follow the orange signs and the indication "Panoramas du golfe de Saint-Tropez et de la baie de Cavalaire".

Beginning of the hike

Since the parking, walk down the Montée Saint-Joseph then take take the Route de Coste Brigade to the entrance of the village and the cemetery. Go around the cemetary to the right; leave on your right the Chemin de Ville Vieille and take the path that descends between the cemetery and the petangue field. Then turn on the right to pass the Chapel Notre-Dame-de-la-Consolation. Continue on the path to find on your left the rural sheep barn. The trail continues away from the road to Vignus.



TROPEZ ET DE LA BAIE DE CAVALAIRE





SAFETY INSTRUCTIONS

For a successful hike, you must be well prepared. The planned path must match the level of the participants; they must be equipped accordingly. Be especially aware of the particularities of the Mediterranean climate: hot weather in the summer do not prevent the cold nights; thunderstorms can be very violent.

Equipment

According to the period, the weather forecast and the chosen trail, it is necessary to take care to be equipped suitably: walking shoes, sunscreen, sunglasses, fleece or windbreaker. We advise you to bring food (fruits, cereal bars) and enough water (two liters of water per day per person).

Itinerary

Plan your itinerary in advance; bring a map of the zone which you will traverse (maps provided by tourist office, or more detailed 3545 OT IGN for Gassin). Using data directions (here for a walker moving at about 1,9 mph), estimate the duration of the hike and add a margin of at least one hour per precaution. If possible, configure your GPS device and/or your phone before you leave.

At the heart of the trails

Take care to prevent relatives of your hike and your expected time of return.

Do not walk alone. Adapt your step to the ground and be vigilant, especially on stony paths (falling rocks, risk of sprains, etc.). Do not hesitate to report any problems encountered on the trails at the tourist office.

Fire hazard

With 3500 km² of forest, the Var is the second most wooded department of France.

The climatic conditions and the fire risk lead the authorities to regulate access to forest in summer in four levels of risk: moderate, severe, very severe and exceptional.

Smoke, light a fire, camp wilderness, collect plants or animals and deposit garbage is strictly forbidden in any case.

Hunting & animals

Learn about the opening and closing dates of hunting. Be careful in case of presence of wildlife, including wild boar.

In any case, do not hesitate to request information from the tourist office (04 98 11 56 51, accueil@gassin.eu) or from the qualified organizations.

USEFUL NUMBERS

-emergency: 112

-SAMU: 15 (SMUR Toulon: 04 94 61 61 15)

-gendarmerie of Saint-Tropez : 04 94 97 26 25

-poison control center of Marseille: 04 91 75 25 25

-prefecture of the Var: 04 94 18 83 83 – var.gouv.fr -Météo France [weather]: 32 50

-Municipal Police: 04 94 56 62 17

-Town hall: 04 94 56 62 00 - mairie-gassin.fr



Office de tourisme de Gassin



may to september: MTWTFS 9 am to 1:30 pm/ 2:30 to 6 pm; Su 9 am to 1 pm october to april: monday to friday - 9 to 12 am / 2 to 5 pm



