



TOUR 1

The blue of the sea

Course : 50 km

From the headlands to the fine sandy beaches, this sea voyage brings pleasure to all sea lovers.

If setting off from the La Foux roundabout, take the RD559 towards La Croix Valmer; then after 4 km turn left on the RD408 towards Gassin. Outside the village, take the road towards Ramatuelle, then turn left to Moulins de Paillas, refurbished in 2002 (exceptional view, visits : informations at the Tourist Office). Continue along the road until you arrive in Ramatuelle. Leaving the village, take the road towards Les Plages : go up as far as the lighthouse of Camarat (not open to visitors) by the road Route de Bonne Terrasse. Having discovered the lighthouse, enjoy the main road; there are alternative ways of gaining access to the beaches of Pampelonne. If you continue along the RD93, turn right before you get to St Tropez, to Tahiti La Garbine. In the village, follow the signs to Route des Salins to get to the Baie des Canoubiers or the Plage des Salins. Return to St Tropez and pass through the Place des Lices and rejoin the RD98 towards the La Foux roundabout. Approx. 2 km before La Foux, take a 1 km detour off to the left to visit the beach and the harbour of Les Marines de Cogolin and Gassin.

PLACES OF INTEREST NOT TO BE MISSED

Gassin (table d'orientation, or compass table) - Ramatuelle (Les Moulins de Paillas, church, perched village, beach of Pampelonne, lighthouse of Camarat) - Saint-Tropez (beaches, old town, port, museums).

TOUR 2

On the trail of "Le Maurin"

Course : 95 km

Experience the mysterious Maures Hills, from the skills of its craftsmen to the delicious cream of chestnuts prepared using a traditional recipe and follow the trail of the mythical character "Le Maurin".

Leaving the village of Cogolin, take the road towards Grimaud, then turn left on the RD48 towards Collobrières passing through the zone artisanale and the Château St Maur. Continue on your left along the D 14 towards Collobrières and visit the Chartreuse de la Verne - the Carthusian monastery, 6 km before you arrive in the village. Double back for 2 km to take a left on the RD39 to Notre Dame des Anges. Continue to Gonfaron and turn right towards La Garde Freinet following the RD75 where you will come across the tortoise sanctuary "Village des Tortues". Leaving La Garde Freinet, take the RD558 towards Grimaud which brings you back to Cogolin.

PLACES OF INTEREST NOT TO BE MISSED

Cogolin (old village, pipe factories) - Collobrières (The Chartreuse monastery of La Verne) - La Garde-Freinet (Fort Freinet, museum, village) - Grimaud (castle, windmill, village, folk museum).

TOUR 3

Wonders of nature

Course : 52 km (or 71 km)

From the valley of La Mole, its dam and from the viewpoint indicator of the Col du Canadel, the Jardins des Méditerranées and the Bay of Cavalaire / La Croix-Valmer, everywhere... breathtaking landscapes.

From the La Foux (gas station) crossroads, take the direction of Toulon up to La Mole, turn right on the light after the village and take the track which will lead you to the dam. Return towards Cogolin up to the airport and set off to the right to the route du Canadel. At the Col du Canadel, come down again up to the right of the seaside and turn left up to the Domaine du Rayol, then take the Cavalaire/La Croix Valmer direction and finally towards the La Foux crossroads to join your starting point.

PLACES OF INTEREST NOT TO BE MISSED

La Croix Valmer (village, beaches, coastal conservatory, coastal paths) - Cavalaire (fine sandy beach, port, shops), magnificent viewing points along the cliffs towards the coastline - La Mole (storage dam of La Verne, village) - Rayol-Canadel-sur-Mer (Domaine du Rayol : the garden of the Mediterranean, the huge stairs, the Patec, the pergola with its panoramic view).

TOUR 4

In search of authenticity

Course : 40 km

From the blue of the Mediterranean to the red grapevines of the Maures Hills, this tour will allow you to discover the varied colours of our region.

10 km to the "Col du Gratteloup" and turn right onto the RD44. This tourist road will lead you to Plan de la Tour. Once in the village, take the road to Port Grimaud, and visit the famous lakeside city. Then drive back to your starting point in Sainte-Maxime via the beautiful coast road.

PLACES OF INTEREST NOT TO BE MISSED

Sainte-Maxime (port, town centre, beaches, musée du photographie et de la musique mécanique, botanical garden) - Le Plan de la Tour (Chapel of St- Pierre Saint-Martin's church, hamlets, fountains, bread oven at Le Revest hamlet, wineries) -Port-Grimaud, the "little Venice".
